



# LUMALIGHT BY spectrahue™

Spectrahue encourages spiritual growth and a universal connection among people.

## UNLOCKING THE BODY'S SELF-HEALING POWER

### LUMALIGHT YOUR WAY TO A BRIGHTER FUTURE

Color and light therapies have been embraced by the holistic mind and spiritual seekers in western culture for over a century, and is gaining popularity in a wide spectrum of professional sectors.

The Spectrahue Method™ of light therapy is a spiritual-science modality inspired by Lumalight creator Julianne Bien. It is a holistic approach to understanding and working with our holographic, energetic make-up, and is achieved through our educational books and training programs.

Lumalight by Spectrahue™ is a proprietary light set that amplifies color light applications. Combined with its sacred geometry module, it is described as color harmonics. Lumalight continues to evolve and gain acceptance in spas and wellness practices such as acupuncture, bodywork, sound and aroma therapies.

Lumalight color harmonics tools are designed for the novice to advanced practitioner to light the way for a greater awareness of the inner self.

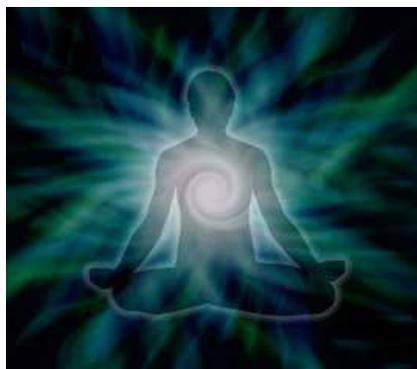


# ANCIENT ROOTS TO MODERN SCIENCE

Let's journey back in time... at the speed of light, of course. Color light beams, used as a therapy, have existed and evolved throughout history. The ancient Egyptians used light and prisms to heal people. Heliotherapy, the act of curing sickness by sun exposure, was born in ancient Greece.

## LIGHT IS INDISPENSABLE

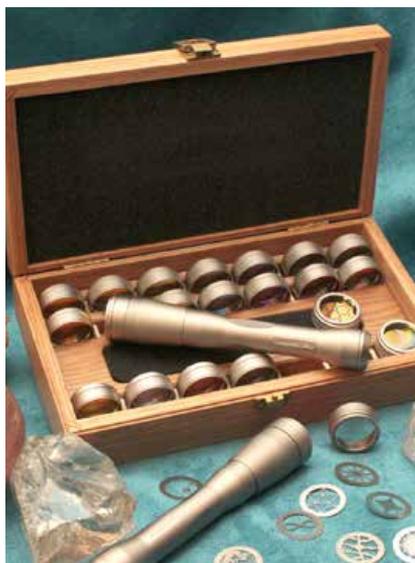
Let's flash forward to the early 20th century. In a period that saw more medical advances than all of the previous centuries combined, new knowledge of the healing potential of color light emerged.



## ENERGY MEDICINE ON THE RISE

In 1922, Albert Einstein received the Nobel Prize for his explanation of the photoelectric effect, the particle/wave theory. However, it was biophysicist Fritz-Albert Popp in 1974 who proved that all living organisms emit light at the cellular level, and that all

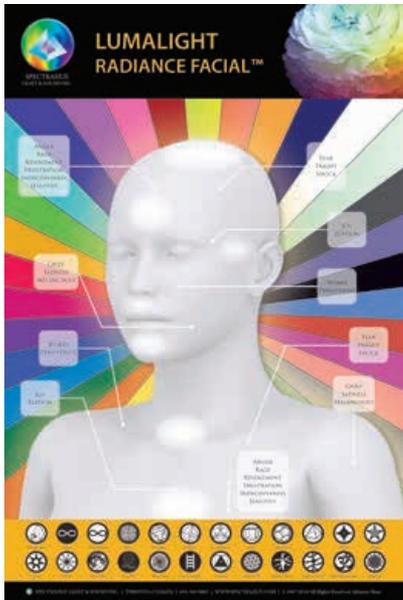
organic life absorbs light, processes it, and transmits it coherently. Our bodies are virtual electromagnetic fields, and our skin is like a two-way antenna. We are continuously affected by the universal energy around us. Subsequent research shows that this communication network may influence our internal processes.



Dr. Valerie Hunt of UCLA demonstrated that the body's energetic emissions in the aura exhibit chaotic changes just before pathological conditions in the tissue are detected. This helps support the main postulate of color light therapy: ailments begin as energetic disharmonies, which, if detected in time, may be addressed through non-invasive means and life style changes.

## FOLLOWING NATURAL PATHWAYS

Since the advancement of these theories, color light has been explored as a holistic approach to wellness. We live in a chromatic world, in which our emotional, physical, and spiritual state is influenced by the energy carried in light. The Spectrahue Method™ can support most holistic programs to encourage an individual's innate ability to self heal, regulate and maintain proper energy flow in the meridians, which influences us on many levels.

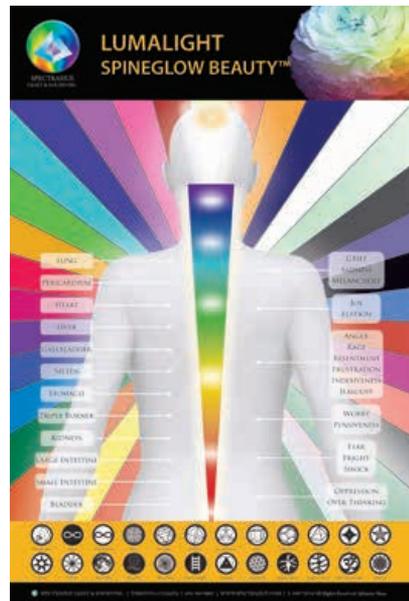


## ENERGY RESEARCH TODAY

Today, the study of vital energy is drawing interest from even traditional thinkers. Our method is nonmedical, nondiagnostic and is not based on LED lasers. Instead, we use an incandescent light source, and are finding widespread acceptance

among wellness practitioners in fields such as such as acupuncture, energy psychology, massage therapy, bodywork and esthetics.

In psychiatry, research has identified light therapy as an effective treatment for seasonal affective disorder (SAD). Using specific colors may also raise, calm, balance and clear energies that influence our electromagnetic field.



## REARRANGE OUR ENERGY

Lumalight sessions are a mind, body and spiritual experience as we are holographic beings.

Introducing crystal colors and sacred geometry into your life is a heartfelt way to nourish the soul and complements all vibrational therapies.

# THE SPECTRAHUE EDGE

Lumalight color brilliance is achieved through crystal quality filters. Our ergonomically-designed penlights deliver color energy paired with sacred geometry filter attachments. Their superior finish allows for easy use in specialty practices. There are over 64 interchangeable color and geometry components. Lumalight continuously evolves by offering advanced teachings in workshop format based on Bien's published books. All Lumalight systems include educational material and customer support.



## LUMALIGHT BY SPECTRAHUE™

### LUMALIGHT SPECTRAL SYSTEM

7 Rainbow Color Light Set

### LUMALIGHT PREMIUM SYSTEM

15 Spectral and Spiritual Filter Light Set

### LUMALIGHT DELUXE SYSTEM

22 Spectral, Spiritual and Advanced Filter Light Set

### LUMALIGHT COLOR & GEOMETRY SYSTEM

46 Color & Geometry Piece Light Set

### LUMALIGHT UNIVERSAL SYSTEM

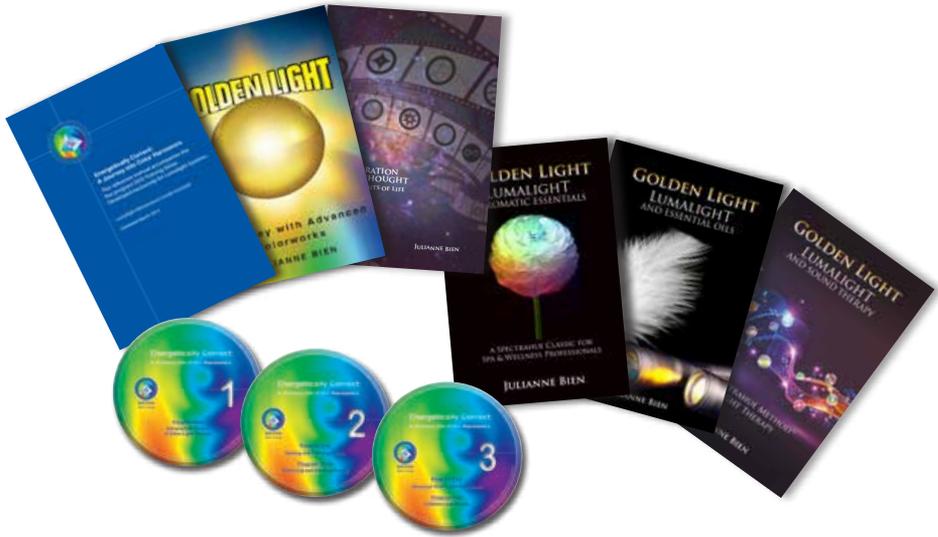
64 Color & Geometry Piece Light Set

The Professional Choice

Visit our website [spectrahue.com](http://spectrahue.com) for complete product listing.

# SPECTRAHUE'S EDUCATION PACKAGES

Lumalight by Spectrahue™ sets include our 5-program foundational training: Energetically Correct: A Journey into Color Harmonics (DVDs) and various levels of our “Golden Light” Series books for the novice to advanced learner.



## DISTANCE LEARNING PROGRAM - GOLDEN LIGHT SERIES

Level 1 - Golden Light: A Journey with Advanced Colorworks

Level 2 - Vibration and Thought: Blueprints of Life

Level 3 - Golden Light: Lumalight Chromatic Essentials

Level 4 - Golden Light: Lumalight and Essential Oils

Level 5 - Golden Light: Lumalight and Sound Therapy

## INSTRUCTOR-LED PROFESSIONAL LUMALIGHT TRAINING

Join us at a nationally-accredited Lumalight course. Our workshop series: Lumalight: The Art of Color Harmonics, based on the Golden Light Series, is part of our Lumalight Certification Program.

We also offer Lumalight specialty workshops such as: Lumalight in an Energy Medicine Practice, Lumalight and Subtle Anatomy, and Color Light Therapy for Animals. To find out more, visit our website <https://spectrahue.com>

# POWER OF THE RAINBOW

Color is energy and it is also a source of information that guides us in life. Millions of colors make up our rainbow spectrum, each being a vibration and frequency with the ability to nourish us in many ways. Each color has a meaning and a purpose.

Chromotherapy or color light therapy describes the use of colored light as a way to address and balance disharmonies in the energy system (aura, meridians and chakras) that may have influenced a person's thoughts and actions.

The Spectrahue Method™ of light therapy combines chromotherapy and sacred geometry in one easy-to-learn system.



## RED

hot, stimulating



## GREEN

balancing, calming



## ORANGE

warm, encouraging



## BLUE

cool, sedating



## YELLOW

warm, purifying



## VIOLET

cold, clearing

## USE THE SPECTRAHUE METHOD™ FOR:

- ◆ Radiance, Vitality and Clarity
- ◆ Facial Rejuvenation
- ◆ Skin Texture and Tone
- ◆ Cleansing and Purifying
- ◆ Body Balance and Relaxation
- ◆ Emotional Upset and Unease
- ◆ Stress, Tension and Sluggishness
- ◆ Mind, Body and Spirit Balance
- ◆ Meditation Practices
- ◆ Spiritual Development

# WHO SHOULD OFFER SPECTRAHUE COLOR HARMONICS?

Wellness Professionals • Acupuncturists • Naturopaths  
Chiropractors • Energy Psychologists • Aromatherapists  
Massage Therapists • Bodyworkers • Reflexologists  
Holistic Veterinarians and Animal Guardians • Kinesiologists  
Energy Medicine Practitioners • Holistic Nurses • Spiritualists

## IT'S ALSO PERFECT FOR PETS!

Our beloved friends have the same dependence on color light as we do. The Spectrahue Method™ encourages healing and calmness in dogs, horses, cats, and birds. Lumalight supports holistic care during all stages of a pet's life.



# TESTIMONIALS

“Lumalight is the Cadillac of color therapy tools. It facilitates my patients to get in touch with their own core and heal their most profound issues. After experiencing that deep psychosomatic integration, I cannot imagine working without the Lumalight.”  
– Shoshana, DDS, MS Ac., NY

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“Spectrahue Color Harmonics is the most important aspect of every treatment that I give! It is the Alpha & the Omega for Light Therapy.”  
– Jeanne, Acupuncturist, NY

“I helped a patient who was paralyzed in her legs for many years. After she experienced Lumalight she said, ‘Look, look, feel my legs, I’m starting to feel the warmth in my legs.’ She was just amazed by it.”  
– Julian, Energy Therapist, Canada

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“Lumalight applications enhance all of my aesthetic, reiki and reflexology treatments. My clients are reporting better, longer lasting results and feeling more serene during sessions.”  
– Tamara, Reflexologist, CA

**MORE INFORMATION ON LUMALIGHT  
SYSTEMS & WORKSHOPS:**

**SPECTRAHUE  
LIGHT & SOUND INC.**

**TORONTO, CANADA**

**(416) 340-0882**

**SPECTRAHUE.COM**

**Original design and Canadian-made.**

Disclaimer: No medical claims made or implied. Lumalight is not a medical device, and is noninvasive and nondiagnostic. It is for exploration and experimental purposes only. This information does not replace the advice or care of your healthcare professional. Visit <https://spectrahue.com> for complete details.